

Central Community School System
 September 2017
 CIS / CMS Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza Scramble
 OR

LABOR DAY HOLIDAY

Mini Pancakes
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

W.G. Biscuit / Turkey Sausage Patty
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

TEACHERS ONLY

4 W.G. Donut
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

11 Egg & Cheese Breakfast Wrap
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

18 Frosted W.G. Pop tart / Yogurt
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

25 W.G. Donut
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice



5 W.W. Waffles / Syrup
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

12 Toast (1) AND 1 oz. Cereal
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

20 Regular or Blueberry Pancake on a Stick
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini
 Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

26 W.W. Waffles / Syrup
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

6 Breakfast Pizza
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

13 Grits AND Turkey Sausage Link
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

21 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

27 Breakfast Pizza
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

1 Muffin
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

8 UBR
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

15 Apple Cranberry Danish
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

22 Muffin
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

29 UBR
 OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted
 Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Prepared by the Central Community School System
 Products may be produced in plants that use nuts and may contain traces of nuts.