

Central Community School System
September 2017
 Central Intermediate School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY HOLIDAY

4

Salad **OR**
 W.G. Corn Dog
 Baked Beans
 Ketchup/Mustard
 Graham Cracker
 Fruit Cocktail
 Milk Choice

5

Fish Strips (Crunchy Cornmeal)
 Mashed Potatoes
 Steamed Broccoli
 Ketchup
 Sliced Peaches
 Milk Choice

6

Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

7

Chicken / Sausage Jambalaya
 Green Peas
 Tossed Salad w/ Dressing
 W.W. Roll
 Apple / Peach / Cherry Crisp
 Fresh Fruit
 Milk Choice

8

Turkey, Ham/ Cheese Po boy
 Lettuce, Tomato, Pickle Cup
 French Fries
 Ketchup / Mayo / Mustard
 Chilled Pear Halves
 Milk Choice

1

Beef Sticks
 Mashed Potatoes w/ Gravy
 Steamed Carrots
 Fresh Orange Wedge
 Milk Choice

11

Salad **OR**
 Cajun Chicken Pasta
 Steamed Broccoli
 Tossed Salad w/ Dressing
 Graham Cracker
 Fresh Banana
 Milk Choice

12

Salisbury steak
 Steamed Rice w/ Gravy
 Green Beans
 Jell-O
 Homemade W.W. Roll
 Fruit Cocktail
 Milk Choice

13

Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

14

Turkey, Ham/ Cheese Po boy
 Lettuce, Tomato, Pickle Cup
 French Fries
 Ketchup / Mayo / Mustard
 Chilled Pear Halves
 Milk Choice

15

Hot Dog on Bun w/ Chili
 Baked Beans
 Ketchup/Mustard
 Graham Cracker
 Fresh Apple
 Milk Choice

18

Salad **OR**
 Red Beans w/ Sausage
 Steamed Rice
 Seasoned Mustard Greens
 Steamed Carrots
 Fresh Orange Wedges
 Milk Choice

19

Beef Tacos
 Taco Salad Cup
 Beans, Refried
 Chilled Sliced Peaches
 Rice Crispy Treat
 Milk Choice

20

Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

21

Low Fat Cheese Burger on W.W. Bun
 Lettuce, Tomato, Pickle Cup
 Sweet Potato Fries
 Baked Beans
 Ketchup / Mayo / Mustard
 Baked W.G. Cookie
 Mixed Fruit
 Milk Choice

22

TEACHERS ONLY

25

Salad **OR**
 W.G. Corn Dog
 Baked Beans
 Ketchup/Mustard
 Graham Cracker
 Fruit Cocktail
 Milk Choice

26

Fish Strips (Crunchy Cornmeal)
 Mashed Potatoes
 Steamed Broccoli
 Ketchup
 Sliced Peaches
 Milk Choice

27

Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

28

Chicken / Sausage Jambalaya
 Green Peas
 Tossed Salad w/ Dressing
 W.W. Roll
 Apple / Peach / Cherry Crisp
 Fresh Fruit
 Milk Choice

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NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain