

Central Community School System
October 2017
 Tanglewood Elementary Lunch Menu

Monday

Beef Sticks
 Mashed Potatoes w/ Gravy
 Steamed Carrots
 Fresh Orange Wedge
 Milk Choice

2

Tuesday

Cajun Chicken Pasta
 Steamed Broccoli
 Tossed Salad w/ Dressing
 Graham Cracker
 Fresh Banana
 Milk Choice

3

Wednesday

Beef Tacos
 Taco Salad Cup
 Beans, Refried
 Chilled Sliced Peaches
 Rice Crispy Treat
 Milk Choice

4

Thursday

Baked Chicken
 Sweet Potatoes
 Seasoned Green Peas
 Homemade W.W. Roll
 Rice Crispy Treat
 Chilled Fruit
 Milk Choice

5

Friday

Turkey, Ham/ Cheese Po boy
 Lettuce, Tomato, Pickle Cup
 French Fries
 Baked Beans
 Ketchup / Mayo / Mustard
 Chilled Pear Halves
 Milk Choice

6

Hot Dog on Bun w/ Chili
 Baked Beans
 Ketchup/Mustard
 Graham Cracker
 Fresh Apple
 Milk Choice

9

Salisbury steak
 Steamed Rice w/ Gravy
 Green Beans
 Jell-O
 Homemade W.W. Roll
 Fruit Cocktail
 Milk Choice

10

Hot **DELIVERED** Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/ Dressing
 Chilled Pear Halves
 Milk Choice

11

Pasta w/ Meat Sauce OR Meatballs
 Seasoned Squash
 Green Salad w/ Dressing
 Homemade W.W. Roll
 Fresh Banana
 Milk Choice

12

Low Fat Cheese Burger on W.W. Bun
 Lettuce, Tomato, Pickle Cup
 Sweet Potato Fries
 Baked Beans
 Ketchup / Mayo / Mustard
 Baked W.G. Cookie
 Mixed Fruit
 Milk Choice

13

Chicken Nuggets
 Macaroni & Cheese
 Baked Beans
 Steamed Carrots
 Fresh Orange Wedge
 Milk Choice

16

W.G. Corn Dog
 Baked Beans
 Ketchup/Mustard
 Steamed Carrots
 Fruit Cocktail
 Milk Choice

17

Fish Strips (Crunchy Cornmeal)
 Mashed Potatoes
 Steamed Broccoli
 Ketchup
 Graham Cracker
 Sliced Peaches
 Milk Choice

18

Chicken / Sausage Jambalaya
 Green Peas
 Tossed Salad w/ Dressing
 W.W. Roll
 Apple / Peach / Cherry Crisp
 Fresh Fruit
 Milk Choice

19

**PARENT TEACHER
 CONFERENCES**

20

FALL BREAK

23

Baked Chicken
 Sweet Potatoes
 Seasoned Green Peas
 Homemade W.W. Roll
 Rice Crispy Treat
 Chilled Fruit
 Milk Choice

24

Salisbury steak
 Steamed Rice w/ Gravy
 Green Beans
 Jell-O
 Homemade W.W. Roll
 Fruit Cocktail
 Milk Choice

25

Cajun Chicken Pasta
 Steamed Broccoli
 Tossed Salad w/ Dressing
 Graham Cracker
 Fresh Banana
 Milk Choice

26

Turkey, Ham/ Cheese Po boy
 Lettuce, Tomato, Pickle Cup
 French Fries
 Ketchup / Mayo / Mustard
 Chilled Pear Halves
 Milk Choice

27

Hot Dog on Bun w/ Chili
 Baked Beans
 Ketchup/Mustard
 Graham Cracker
 Fresh Apple
 Milk Choice

30

Salisbury steak
 Steamed Rice w/ Gravy
 Green Beans
 Jell-O
 Homemade W.W. Roll
 Fruit Cocktail
 Milk Choice

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NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain trace amounts of nuts.



PAY FOR MEALS ONLINE
 MySchoolBucks.com