

Central Community School System  
 October 2017  
 Tanglewood Elementary School Breakfast Menu

**Monday**

Mini Pancakes **2**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

W.G. Biscuit / Turkey Sausage Patty **9**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Egg Extravaganza **AND** Toast (1) **16**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**FALL BREAK**

W.G. Biscuit / Turkey Sausage Patty **30**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**Tuesday**

Egg & Cheese Breakfast Wrap **3**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Frosted W.G. Pop tart / Yogurt **10**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

W.G. Donut **17**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Egg & Cheese Breakfast Wrap **24**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Frosted W.G. Pop tart / Yogurt **31**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**Wednesday**

Toast (1) **AND** 1 oz. Cereal **4**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Regular or Blueberry Pancake on a Stick **11**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

W.W. Waffles / Syrup **18**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Toast (1) **AND** 1 oz. Cereal **25**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**Thursday**

Grits **AND** Turkey Sausage Link **5**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Pizza Scramble **12**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Pizza **19**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Grits **AND** Turkey Sausage Link **26**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**Friday**

Apple Cranberry Danish **6**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Muffin **13**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**PARENT TEACHER  
 CONFERENCES**

Apple Cranberry Danish **27**  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

**NOTE: MENUS ARE SUBJECT TO CHANGE**

**Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain**