

Central Community School System
 October 2017
 CIS / CMS Breakfast Menu

Monday

Mini Pancakes **2**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

W.G. Biscuit / Turkey Sausage Patty **9**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Egg Extravaganza **AND** Toast (1) **16**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

FALL BREAK **23**

W.G. Biscuit / Turkey Sausage Patty **30**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Tuesday

Egg & Cheese Breakfast Wrap **3**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Frosted W.G. Pop tart / Yogurt **10**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

W.G. Donut **17**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Egg & Cheese Breakfast Wrap **24**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Frosted W.G. Pop tart / Yogurt **31**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Wednesday

Toast (1) **AND** 1 oz. Cereal **4**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Regular or Blueberry Pancake on a Stick **11**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

W.W. Waffles / Syrup **18**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Toast (1) **AND** 1 oz. Cereal **25**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Thursday

Grits **AND** Turkey Sausage Link **5**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Breakfast Pizza Scramble **12**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Breakfast Pizza **19**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Grits **AND** Turkey Sausage Link **26**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Friday

Apple Cranberry Danish **6**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

Muffin **13**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

PARENT TEACHER CONFERENCES **20**

Apple Cranberry Danish **27**
OR
 2 oz. Cereal
 Toasty O's, Honey Nut Scooters, Frosted Mini Spooners, Marshmallow Mateys
 Fruit / Fruit Juice
 Milk Choice

NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain