

Central Community School System
November 2017
CMS Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Salad **OR**
Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Rice Crispy Treat
Milk Choice

1

Shredded BBQ Chicken on Bun
Tater Tots
Ketchup
Baked W.G. Cookie
Fruit Cocktail
Milk Choice

2

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Fresh Fruit
Milk Choice

3

Pizza **OR**
Chicken Nuggets
Baked Beans
Steamed Carrots
Fresh Orange Wedge
Milk Choice

6

Salad **OR**
Cajun Chicken Pasta
Steamed Broccoli
Tossed Salad w/ Dressing
Fresh Banana
Milk Choice

7

Salad **OR**
Salisbury steak
Steamed Rice w/ Gravy
Green Beans
Jell-O
Homemade W.W. Roll
Fruit Cocktail
Milk Choice

8

Low Fat Cheese Burger on W.W. Bun
Lettuce, Tomato, Pickle Cup
Sweet Potato Fries
Baked Beans
Ketchup / Mayo / Mustard
Baked W.G. Cookie
Mixed Fruit
Milk Choice

9

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Fresh Fruit
Milk Choice

10

Pizza **OR**
Hot Dog on Bun w/ Chili
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

13

Salad **OR**
Pasta w/ Meat Sauce
Steamed Broccoli
Green Salad w/ Dressing
Homemade W.W. Roll
Fresh Banana
Milk Choice

14

Turkey W/ Gravy
Cornbread Dressing
Seasoned Green Beans
Homemade W.W. Roll
Sweet Potato Crunch
Chilled Fruit
Milk Choice

15

BBQ Rib Sandwich
Lettuce, Tomato, Pickle Cup
Carrot Sticks w/ Ranch
Mayo / Mustard
Chilled Pear Halves
Milk Choice

16

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Fresh Fruit
Milk Choice

17

Happy Thanksgiving

20

Happy Thanksgiving

21

Happy Thanksgiving

22

Happy Thanksgiving

23

Happy Thanksgiving

24

Happy Thanksgiving

27

Salad **OR**
Red Beans w/ Sausage
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Fresh Orange Wedges
Milk Choice

28

Salad **OR**
Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Rice Crispy Treat
Milk Choice

29

Shredded BBQ Chicken on Bun
Tater Tots
Ketchup
Baked W.G. Cookie
Fruit Cocktail
Milk Choice

30

NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain trace



PAY FOR MEALS ONLINE
MySchoolBucks.com