

Central Community School System  
November 2017  
CIS Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1  
Beef Tacos  
Taco Salad Cup  
Beans, Refried  
Chilled Sliced Peaches  
Rice Crispy Treat  
Milk Choice

2  
Pepperoni Pizza  
Steamed Corn  
Dark Green Salad w/ Dressing  
Fresh Fruit  
Milk Choice

3  
Shredded BBQ Chicken on Bun  
Tater Tots  
Ketchup  
Baked W.G. Cookie  
Fruit Cocktail  
Milk Choice

6  
Chicken Nuggets  
Baked Beans  
Steamed Carrots  
Fresh Orange Wedge  
Milk Choice

7  
Salad OR  
Cajun Chicken Pasta  
Steamed Broccoli  
Tossed Salad w/ Dressing  
Fresh Banana  
Milk Choice

8  
Salisbury steak  
Steamed Rice w/ Gravy  
Green Beans  
Jell-O  
Homemade W.W. Roll  
Fruit Cocktail  
Milk Choice

9  
Pepperoni Pizza  
Steamed Corn  
Dark Green Salad w/ Dressing  
Fresh Fruit  
Milk Choice

10  
Low Fat Cheese Burger on W.W. Bun  
Lettuce, Tomato, Pickle Cup  
Sweet Potato Fries  
Baked Beans  
Ketchup / Mayo / Mustard  
Baked W.G. Cookie  
Mixed Fruit  
Milk Choice

13  
Hot Dog on Bun w/ Chili  
Baked Beans  
Ketchup/Mustard  
Graham Cracker  
Fresh Apple  
Milk Choice

14  
Salad OR  
Pasta w/ Meat Sauce  
Steamed Broccoli  
Green Salad w/ Dressing  
Homemade W.W. Roll  
Fresh Banana  
Milk Choice

15  
Turkey W/ Gravy  
Cornbread Dressing  
Seasoned Green Beans  
Homemade W.W. Roll  
Sweet Potato Crunch  
Chilled Fruit  
Milk Choice

16  
Pepperoni Pizza  
Steamed Corn  
Dark Green Salad w/ Dressing  
Fresh Fruit  
Milk Choice

17  
BBQ Rib Sandwich  
Lettuce, Tomato, Pickle Cup  
Carrot Sticks w/ Ranch  
Mayo / Mustard  
Chilled Pear Halves  
Milk Choice

20  
Happy Thanksgiving

21  
Happy Thanksgiving

22  
Happy Thanksgiving

23  
Happy Thanksgiving

24  
Happy Thanksgiving

27  
Happy Thanksgiving

28  
Salad OR  
Red Beans w/ Sausage  
Steamed Rice  
Seasoned Mustard Greens  
Steamed Carrots  
Fresh Orange Wedges  
Milk Choice

29  
Beef Tacos  
Taco Salad Cup  
Beans, Refried  
Chilled Sliced Peaches  
Rice Crispy Treat  
Milk Choice

30  
Pepperoni Pizza  
Steamed Corn  
Dark Green Salad w/ Dressing  
Fresh Fruit  
Milk Choice



**NOTE: MENUS ARE SUBJECT TO CHANGE**

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain trace



PAY FOR MEALS ONLINE  
MySchoolBucks.com