

Central Community School System
November 2017
Tanglewood Elementary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Hot **DELIVERED** Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

2
Pasta w/ Meat Sauce
Steamed Broccoli
Green Salad w/ Dressing
Homemade W.W. Roll
Fresh Banana
Milk Choice

3
Low Fat Cheese Burger on W.W. Bun
Lettuce, Tomato, Pickle Cup
Sweet Potato Fries
Ketchup / Mayo / Mustard
Fresh Baked Cookie
Mixed Fruit
Milk Choice

6
Popcorn Chicken/ Tenders
Macaroni & Cheese
Steamed Carrots
Fresh Orange Wedge
Milk Choice

7
W.G. Corn Dog
Baked Beans
Ketchup/Mustard
Graham Cracker
Fruit Cocktail
Milk Choice

8
Fish Strips (Crunchy Cornmeal)
Mashed Potatoes
Steamed Broccoli
Ketchup
Sliced Peaches
Milk Choice

9
Chicken / Sausage Jambalaya
Green Peas
Tossed Salad w/ Dressing
W.W. Roll
Apple / Peach / Cherry Crisp
Fresh Fruit
Milk Choice

10
Shredded BBQ Chicken
French Fries
Lettuce, Tomato, Pickle Cup
Ketchup / Mayo
Fresh Fruit
Milk Choice

13
Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Milk Choice

14
Baked Chicken
Sweet Potatoes
Seasoned Green Peas
Homemade W.W. Roll
Rice Crispy Treat
Chilled Fruit
Milk Choice

15
Turkey, Ham/ Cheese Po boy
Lettuce, Tomato, Pickle Cup
French Fries
Baked Beans
Ketchup / Mayo / Mustard
Chilled Pear Halves
Milk Choice

16
Beef Sticks
Mashed Potatoes w/ Gravy
Steamed Carrots
Fresh Orange Wedge
Fresh Baked Cookie
Milk Choice

17
Cajun Chicken Pasta
Steamed Broccoli
Tossed Salad w/ Dressing
Fresh Banana
Milk Choice

20
Happy Thanksgiving

21
Happy Thanksgiving

22
Happy Thanksgiving

23
Happy Thanksgiving

24
Happy Thanksgiving

27
Happy Thanksgiving

28
W.G. Corn Dog
Baked Beans
Ketchup/Mustard
Graham Cracker
Fruit Cocktail
Milk Choice

29
Fish Strips (Crunchy Cornmeal)
Mashed Potatoes
Steamed Broccoli
Ketchup
Sliced Peaches
Milk Choice

30
Chicken / Sausage Gumbo
Green Peas
Tossed Salad w/ Dressing
Crackers
Apple / Peach / Cherry Crisp
Fresh Fruit
Milk Choice



NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain trace