

Central Community School System  
 November 2017  
 CIS / CMS Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Regular or Blueberry Pancake on a Stick  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Pizza Scramble  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Muffin  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Egg Extravaganza **AND** Toast (1)  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

W.G. Donut  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

W.W. Waffles / Syrup  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Pizza  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Frosted W.G. Pop tart / Yogurt  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Grits **AND** Turkey Sausage Link  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Egg & Cheese Breakfast Wrap  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Mini Pancakes  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Toast (1) **AND** 1 oz. Cereal  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Apple Cranberry Danish  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Happy Holidays

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W.G. Donut  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

W.W. Waffles / Syrup  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Pizza  
**OR**  
 2 oz. Cereal  
 Toasty O's, Honey Nut Scooters,  
 Marshmallow Mateys  
 Fruit / Fruit Juice  
 Milk Choice

NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.



PAY FOR MEALS ONLINE  
 MySchoolBucks.com