

Central Community School System
May 2017

Tanglewood Elementary Lunch Menu

*MANAGERS MAY MAKE APPROVED MENU CHANGES FOR THE LAST MONTH OF THE SCHOOL YEAR

Monday

1
Chicken Tenders/Popcorn Chicken
Macaroni & Cheese
Baked Beans
Steamed Carrots
BBQ Sauce or Ketchup
Fresh Orange Wedge
Milk Choice

8
W. G. Corn Dog
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

15
Beef Sticks
Mashed Potatoes w/ Gravy
Steamed Carrots
Fresh Orange Wedge
Milk Choice

22
Chicken Tenders/Popcorn Chicken
Macaroni & Cheese
Baked Beans
Steamed Carrots
BBQ Sauce or Ketchup
Fresh Orange Wedge
Milk Choice

29

Tuesday

2
Salisbury steak
Steamed Rice w/ Gravy
Sweet Potatoes
Green Beans
Jell-O
Homemade W.G. Roll
Fruit Cocktail
Milk Choice

9
Red Beans w/ Sausage
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Fresh Orange Wedges
Milk Choice

16
Cajun Chicken Pasta
Steamed Broccoli
Tossed Salad w/ Dressing
Graham Cracker
Fresh Banana
Milk Choice

23
Hot Dog on Bun w/ Chili
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

30

Wednesday

3
Fish Strips (Crunchy Cornmeal)
Mashed Potatoes
Steamed Broccoli
Ketchup
Sliced Peaches
Milk Choice

10
Pasta w/ Meat Sauce OR Meatballs
Seasoned Squash
Green Salad w/ Dressing
Homemade W.W. Roll
Fresh Banana
Milk Choice

17
Sloppy Joe
Cucumber & Tomato Salad
French Fries
Fruit Cocktail
Milk Choice

24
Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Fruit Cocktail
Milk Choice

31

Thursday

4
Chicken / Sausage Jambalaya
Green Beans
Tossed Salad w/ Dressing
W.W. Roll
Apple / Peach / Cherry Crisp
Fresh Fruit
Milk Choice

11
Baked Chicken
Sweet Potatoes
Seasoned Green Peas
Homemade W.W. Roll
Rice Crispy Treat
Milk Choice

18
Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Rice Crispy Treat
Milk Choice

25
Turkey, Ham / Cheese Po boy
Lettuce, Tomato, Pickle Cup
French Fries
Ketchup / Mayo / Mustard
Chilled Pear Halves
Milk Choice

26

Friday

5
Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

12
Turkey, Ham / Cheese Po boy
Lettuce, Tomato, Pickle Cup
French Fries
Ketchup / Mayo / Mustard
Chilled Pear Halves
Milk Choice

19
Low Fat Cheese Burger on W.W. Bun
Lettuce, Tomato, Pickle Cup
French Fries
Baked Beans
Ketchup / Mayo / Mustard
Baked W.G. Cookie
Mixed Fruit
Milk Choice

26
Have a Great Summer!!

NOTE: MENUS ARE SUBJECT TO CHANGE

Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.