

Central Community School System

May 2017

CIS Lunch Menu

*MANAGERS MAY MAKE APPROVED MENU CHANGES FOR THE LAST MONTH OF THE SCHOOL YEAR

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Tenders/Popcorn Chicken
Macaroni & Cheese
Baked Beans
Steamed Carrots
BBQ Sauce or Ketchup
Fresh Orange Wedge
Milk Choice

1

Salad OR
Salisbury steak
Steamed Rice w/ Gravy
Sweet Potatoes
Green Beans
Jell-O
Homemade W.G .Roll
Fruit Cocktail
Milk Choice

2

Fish Strips (Crunchy Cornmeal)
Mashed Potatoes
Steamed Broccoli
Ketchup
Sliced Peaches
Milk Choice

3

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

4

Chicken / Sausage Jambalaya
Green Beans
Tossed Salad w/ Dressing
W.W. Roll
Apple / Peach / Cherry Crisp
Fresh Fruit
Milk Choice

5

W. G. Corn Dog
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

8

Salad OR
Red Beans w/ Sausage
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Fresh Orange Wedges
Milk Choice

9

Pasta w/ Meat Sauce OR Meatballs
Seasoned Squash
Green Salad w/ Dressing
Homemade W.W. Roll
Fresh Banana
Milk Choice

10

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

11

Turkey, Ham / Cheese Po boy
Lettuce, Tomato, Pickle Cup
French Fries
Ketchup / Mayo / Mustard
Chilled Pear Halves
Milk Choice

12

Beef Sticks
Mashed Potatoes w/ Gravy
Steamed Carrots
Fresh Orange Wedge
Milk Choice

15

Salad OR
Cajun Chicken Pasta
Steamed Broccoli
Tossed Salad w/ Dressing
Graham Cracker
Fresh Banana
Milk Choice

16

Sloppy Joe
Cucumber & Tomato Salad
French Fries
Fruit Cocktail
Milk Choice

17

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

18

Low Fat Cheese Burger on W.W. Bun
Lettuce, Tomato, Pickle Cup
French Fries
Baked Beans
Ketchup / Mayo / Mustard
Baked W.G. Cookie
Mixed Fruit
Milk Choice

19

Chicken Tenders/Popcorn Chicken
Macaroni & Cheese
Baked Beans
Steamed Carrots
BBQ Sauce or Ketchup
Fresh Orange Wedge
Milk Choice

22

Salad OR
Hot Dog on Bun w/ Chili
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

23

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Fruit Cocktail
Milk Choice

24

Turkey, Ham / Cheese Po boy
Lettuce, Tomato, Pickle Cup
French Fries
Ketchup / Mayo / Mustard
Chilled Pear Halves
Milk Choice

25

Have a Great Summer!!

26

29

30

31

NOTE: MENUS ARE SUBJECT TO CHANGE

Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.