

Central Community School System MARCH 2017 CMS Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Mardi Gras Holiday

1

Shredded BBQ Chicken on Bun
Tater Tots
Ketchup
Fruit Cocktail
Milk Choice

2

Cheese Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

3

6

Pepperoni Pizza **OR**
Red Beans w/ Sausage
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Fresh Orange Wedges
Milk Choice

7

Salad **OR**
Hot Dog on Bun w/ Chili
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

8

Salad **OR**
Pasta w/ Meat Sauce **OR** Meatballs
Seasoned Squash
Green Salad w/ Dressing
Homemade W.W. Roll
Fresh Banana
Milk Choice

9

Salad **OR**
Baked Chicken
Sweet Potatoes
Seasoned Green Peas
Homemade W.W. Roll
Mixed Fruit
Rice Crispy Treat
Milk Choice

10

Cheese Pizza **OR**
Grilled Cheese Sandwich
Vegetable Soup
Chilled Pears
Sherbet Cup
Milk Choice

13

Pepperoni Pizza **OR**
Beef Sticks
Mashed Potatoes w/ Gravy
Steamed Carrots
Fresh Orange Wedge
Milk Choice

14

Salad **OR**
Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Rice Crispy Treat
Milk Choice

15

Salad **OR**
Sloppy Joe
Cucumber & Tomato Salad
French Fries
Fruit Cocktail
Milk Choice

16

Salad **OR**
Cajun Chicken Pasta
Steamed Broccoli
Tossed Salad w/ Dressing
Graham Cracker
Fresh Banana
Milk Choice

17

Cheese Pizza **OR**
Fish Taco
Lettuce, Tomato, Cheese Cup
Ketchup
Sweet Potato Fries
W.G. Cupcake
Fruit Choice
Milk Choice

20

Pepperoni Pizza **OR**
Chicken Tenders/Popcorn Chicken
Macaroni & Cheese
Baked Beans
Steamed Carrots
BBQ Sauce or Ketchup
Fresh Orange Wedge
Milk Choice

21

Salad **OR**
Salisbury steak
Steamed Rice w/ Gravy
Sweet Potatoes
Steamed Broccoli
Jell-O
Homemade W.G. Roll
Fruit Cocktail
Milk Choice

22

Salad **OR**
Low Fat Burger on W.W. Bun
Lettuce, Tomato, Pickle Cup
French Fries
Baked Beans
Ketchup / Mayo / Mustard
Baked W.G. Cookie
Mixed Fruit
Milk Choice

23

Salad **OR**
Chicken / Sausage Gumbo
Green Beans
Creamy Coleslaw
Crackers
Apple / Peach / Cherry Crisp
Fresh Fruit
Milk Choice

24

Cheese Pizza **OR**
W.G. Breaded Fish Patty w/cheese
On W.W. Bun
Ketchup / Mayo
Carrot Sticks
Jell-O
Sliced Peaches
Milk Choice

27

Pepperoni Pizza **OR**
Red Beans w/ Sausage
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Fresh Orange Wedges
Milk Choice

28

Salad **OR**
W.G. Corn Dog
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

29

Salad **OR**
Pasta w/ Meat Sauce **OR** Meatballs
Seasoned Squash
Green Salad w/ Dressing
Homemade W.W. Roll
Fresh Banana
Milk Choice

30

Salad **OR**
Baked Chicken
Sweet Potatoes
Seasoned Green Peas
Homemade W.W. Roll
Mixed Fruit
Rice Crispy Treat
Milk Choice

31

Cheese Pizza **OR**
Grilled Cheese Sandwich
Vegetable Soup
Chilled Pears
Sherbet Cup
Milk Choice

NOTE: MENUS ARE SUBJECT TO CHANGE

Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com